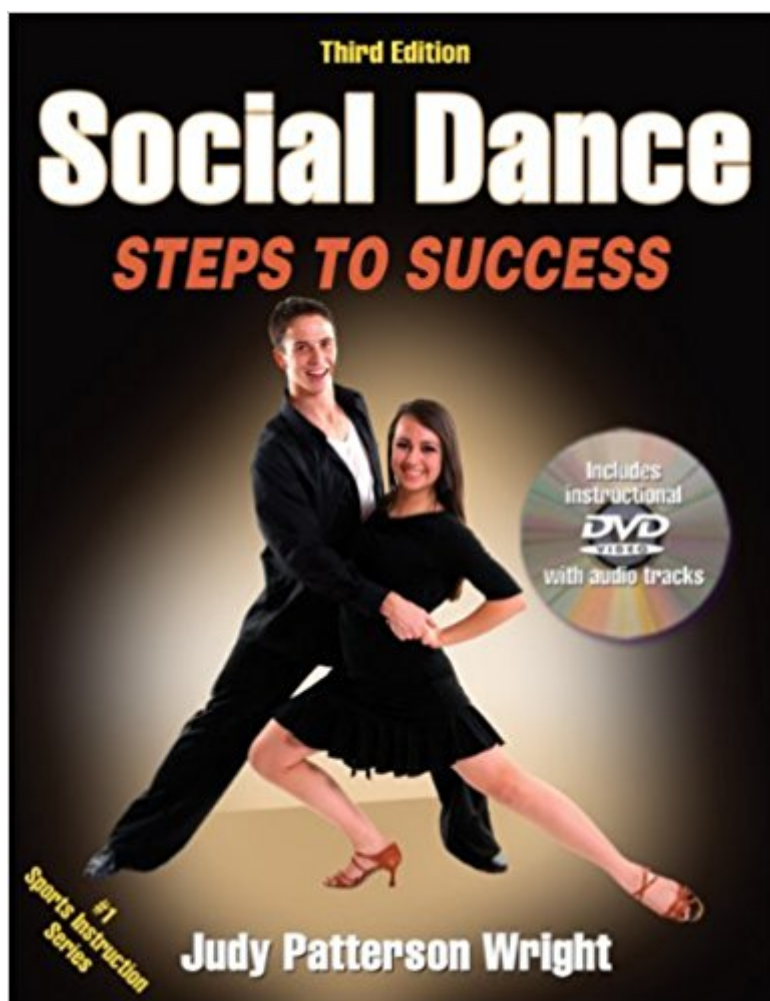




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# Social Dance-3rd Edition: Steps To Success



## Synopsis

Feel confident on the dance floor! "step by step! This third edition of Social Dance: Steps to Success will teach you all the moves for 10 of today's most popular dance styles: Merengue Four-count swing and hustle Waltz Six-count swing Foxtrot Polka Cha-cha Rumba Tango Salsa and mambo The first few learning steps in this book introduce you to the foundational skills and concepts you need for success on the dance floor. Each step you take is a smooth transition from the previous one. As you progress, you learn not only how your posture and footwork affect your balance but also how to connect your footwork with the music, adjust to a partner, make the transition between partner positions, and create sequences from variations of each dance's specific rhythmic step pattern. Each of the steps also explains why the concept or skill is important, identifies the keys to correcting technique, helps you avoid common errors, and provides drills to practice at your own pace. The later steps show how to demonstrate dance etiquette, including how to adapt to a crowded social dance floor. Best of all, the enclosed DVD provides you with 93 minutes of video demonstration and a music soundtrack with 19 tracks for practice and demonstrations of key movements, footwork, and the dances themselves. Written by master teacher and dancer Judy Wright, this special book and DVD package is part of the best-selling Steps to Success activity series, with more than 2 million copies sold worldwide.

## Book Information

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## Customer Reviews

"Social Dance is a must-have for all dancers." Judy Wright "covers the essentials of performing both smooth and rhythmic dances in this fun and engaging text." • Pamela Haibach,

PhD-- Associate Professor, College of Brockport

With more dances, enhanced diagrams, an instructor guide, and an accompanying DVD featuring dances and music, the third edition of Social Dance is a must-have for students. Social Dance makes learning fun!

Judi Fey-- Dance Consultant, Anne Arundel County Public Schools "Judy Wright is an exceptional teacher, and her ability to explain proper technique in an easy-to-follow way makes Social Dance a must-have book."

Christy Lane-- Dance Educator and Producer, Author of Christy Lane's Complete Book of Line Dancing

Judy Patterson Wright earned her PhD in 1981 in motor learning and motor development from the University of Illinois at Urbana-Champaign, where she focused on the learning process for sequential dance skills and how teachers may facilitate that process. She is an accomplished dancer and educator who has taught social dance at the junior high, high school, college, and community levels since 1971. Dr. Wright's dance experience includes tap, jazz, modern, ballet, social, folk, square, country Western, line, and aerobic dance. She specializes in ballroom and social dance in which she has extensive experience as a competitor, coach, author, and instructor. She has taught courses at Walsh College in Ohio, the University of Illinois at Urbana-Champaign, the University of Tennessee at Chattanooga, Richland Community College in Illinois, and the Wright Way Dance Studio, which she co-owns. She has also presented workshops at the state and national levels for the National Dance Association and AAHPERD, the National Teachers Association for Country Western Dance Instructors, and the National Dance Educators Organization. Wright has judged and competed in dance competitions and specializes in teaching progressive classes and workshops for both social and competitive dancers. Wright and her husband placed second overall in the UCWDC Silver Advanced Showcase Division at the world finals in both 1996 and 1997. They are the 2009 UCWDC couples gold combined world champions. They also won first place in both strictly swing and strictly hustle at the 2012 world finals in Orlando, Florida. In a career spanning 23 years as an acquisitions editor for Human Kinetics, Wright created the format for the Steps to Success activity series (of which her book is a part) while acquiring numerous books related to dance and exercise and remaining active in the dance community. She resides in North Carolina, where she is a member of the Charlotte USA Dance chapter, the Carolina Ballroom Dance Club, and Lynn's Dance Club.

This is pretty good idea, but very "wordy" - like they keep giving you a sales pitch - in nearly every paragraph - to keep you interested. We've been dancing for years and were mostly curious to see if

they had put lightening in a bottle. Nope. It takes at least a couple of years to become a good dancer, and you'll hear and see or all of this on the way to getting better and better. This won't hurt you, but won't help you an awful lot either. Reading about dancing is nowhere as good as being in a class with a good teacher. As a textbook, this might be OK, but you'll need a class, or, classes for it to really be useful. If you've got twenty extra dollars and are curious - good luck. We'll find someone to give ours to...

I was looking for a dance instruction book with which to refresh some dance steps learned long time ago; this search led me to check out Judy Patterson Wright's Social Dance - Steps to Success (2nd Edition) from the local public library. I was happy enough with this book (with a music CD) and was trying to order the book from . By sheer luck, I found that there was a third edition, with a DVD. This book and DVD combination is the best value among the many Dance DVD's I have looked at from the local library -- I browsed through about 12 such DVD's. Let me elaborate why I believe this book-DVD-combination is such a fantastic value for me. 1. The highly acclaimed book was expanded and brought up to date with new pictures; a couple of additional dance styles as well as expanded chapters (about 100 page additional materials added) make the book itself more than worth the total price; 2. The DVD is fantastic -- the demonstrations are clear, attractive, economical in presentation, and contain many more variations for each dance than most other books I have looked at. Male and female separate parts are shown together and therefore eliminated usually boring repeats that eats up unnecessary time. This presentation method represents a clear innovation. 3. One of my biggest stumbling block was identifying music and recognizing the underlying beat and matching those with appropriate dance. The instructions and the music CD helped me to overcome this uneasiness for me. I am preparing my retirement and looking for a dancing nights on cruises: with this book and DVD combination, I feel confident that I will be knowledgeable and polished enough to enjoy any and all type of ballroom dances. This is my first review ever on -- a spontaneous reaction to my gratitude to Judy Patterson Wright and producers of this wonderful book-DVD combination.

Please carefully note that without a multimedia kindle you cannot access the videos. I foolishly purchased this without realizing that, so I was quite disappointed.

Extraordinary good book and DVD. Covers many popular dances with excellent discussion and illustrations. recommended for beginners to get a good grounding of the basics.

Good book except that videos don't work on the Kindle HD. I even tried downloading a DVD player, but still no luck.

Good book, but can't really learn to dance without additional help.

Really good one and so much better than the You Tube videos.

Easy to follow, CD includes music and instructions. I can replay the single sections over and over until I get the steps.

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